

MK Multiple Sclerosis Therapy Group Ltd

e.mail: <u>mkmstherapygroup@btconnect.com</u> www.mkmstherapygroup.btck.co.uk MS Therapy Centre 4 Hollin Lane Stacey Bushes Milton Keynes MK12 6HT 201908 225907

Newsletter January 2020

Welcome to a new decade. It seems odd that we can now say we're living in the Twenties! I wonder what they will bring this time!

January Blues Coffee Morning

We are holding a **Cake & Coffee Morning** on **Friday January 31st from 11am to 1pm**. This was a lovely event last year with delicious cakes and pastries and delightul company. Please join us for this fundraiser to chase away those January Blues!



Subscriptions 2020

Thank you to those of you who have already paid your subscription for 2020. For anyone who hasn't, this is a quick reminder that subs are now due and the cost is £30. You can pay by putting your cash or checque in an envelope and putting it in the box on reception. Please write *Subs 2020* on the outside before placing it in the box. If you prefer to pay by bank transfer, please write *Subs 2020* on the descripion when you make the paymen. Our bank account details are: Lloyds Bank, Account Number 00780214, Sort Code 30-15-53. Please ask if you want any more information.

Alex Jeffs

It is with great sadness that we have to tell you about the death of Alex Jeffs,

following a tragic accident before Christmas. Many of you will have met Alex, who was helping with office and accounts work and whose mother Laura has been a member and volunteer with us for many years. Alex was a lovely young man who gave us his time and expertise to lighten the load of other volunteers. No words can take away from the devastation this has caused but we send our heartfelt condolences and love to Laura, Mark and Michael and all the family at this very sad time. Alex' funeral will be in the Oak Chapel, Crownhill Crematorium on Friday 17th January at 1.15pm and afterwards at the Talbot Inn, Loughton. Join us if you can.

The Guild Singers Christmas Concert

We are very grateful to The Guild Singers, under the directorship of Alan



Dryer, who donated over £500 to us following their Christmas concert in December. This was exceptionally generous and a wonderful boost to our funds. Thank you!

Snow and Ice

Midway through winter we would like to remind you that in the event of bad weather, the centre will be closed. We must consider the welfare of the volunteers who run the centre and the safety of all our members. We advise you to call the centre, if there is snow or ice, to ensure that we are open. If there is no reply in opening hours WE ARE CLOSED!

Centre Opening Times		HBOT
Mon	9.30 a.m 2.00 p.m.	9.30, 10.30, 11.30
Tues	10.00 a.m 12 noon	10.00, 11.00
Wed	10.00 a.m 12.30 p.m.	10.30, 11.30
	5.00 p.m 8.00 p.m.	5 p.m., 6 p.m.
Thurs	10.00 a.m 12 noon	10.00, 11.00
Fri	10.00 a.m 2.00 p.m.	10.30, 11.30

Directors: Rosario Heredia, Christine Nalton, Janet Bohn Mk Multiple Sclerosis Therapy Group Ltd Registered Charity No. 1017488 Company Registration No. 2791056